



FIRST DAY OF SCHOOL:

BACK TO SCHOOL CHECKLIST

- ☐ DOCTOR'S VISIT - SPORTS PHYSICALS
- ☐ DONATE OLD CLOTHES & SHOES
- ☐ CHECK SCHOOL WEBSITE FOR YEARLY CALENDAR
- ☐ SET PHONE ALERTS FOR IMPORTANT DATES
- ☐ SHOP FOR SCHOOL SUPPLIES & CLOTHES
- ☐ GET BACK ON A SCHOOL BEDTIME SCHEDULE
- ☐ CREATE A SPECIAL AREA FOR STUDYING
- ☐ PLAN MORNING & EVENING ROUTINES



REMEMBER TO:
