MOM
mami of multiples

# Grocery list

## NOTES

## NOTES

## PRODUCE

- [ ] onion
- [ ] garlic clove
- [ ] fresh or bottled herbs
- [ ] parsley, basil, oregano, (
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

## BAKERY

- [ ] 12 (8 inch) flour tortillas
- [ ] panko or whole wheat br
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

## MEAT

- [ ] 2 lbs lean ground beef
- [ ] 2 lbs chicken
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

## BAKING

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

## DAIRY

- [ ] shredded cheddar cheese
- [ ] shredded or grated parmesa
- [ ] shredded mozzarella chees
- [ ]
- [ ]

## OTHER

- [ ]
- [ ]
- [ ]

## PANTRY

- [ ] (2 oz) can black olives
- [ ]
- [ ] 2 (16 oz) cans refried beans
- [ ] (16 oz) jar red enchilada sa
- [ ] (28 oz) marinara sauce jar
- [ ] olive oil

## HOUSEHOLD

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

**Recipes Available on MamiofMultiples.com**
**#AccidentalCookingMami**