



Ultimate List of Age-Appropriate Chores for Kids

Ages 2-3

- Assist in making their beds (i.e. pulling covers)
- Pick up toys
- Put dirty clothes in hamper
- Throw away diapers in garbage can
- Fetch diapers
- Help wipe up spills with wet washcloth (with supervision)
- Carry plate to sink after meals
- Carry clothes to and from laundry
- Light dusting (with supervision)

Ages 4-5

- All previous chores plus...
- Make own bed (with minimal supervision)
- Help put on their own clothes (with supervision)
- Bring their things from the car to the house
- Straighten books on a bookshelf
- Help set table (with some supervision)
- Clear dishes from table
- Help with laundry (i.e. matching socks, sort dirty clothes by color)
- Get mail from mailbox
- Water plants
- Help feed pets (with supervision)

Ages 6-7

- All previous chores plus...
- Straighten bedroom and make bed
- Brush teeth and comb hair (with minimal supervision)
- Lighter cleaning of bathroom (wipe counters, toilet, mirrors)
- Get dressed
- Help fold laundry
- Help unload dishwasher
- Help in the kitchen
(with supervision, i.e. prepping meals like stirring food)
- Dust furniture (with minimal supervision)

Ages 7-9

- All previous chores plus...
- Collect, sort and fold laundry
- Sort items for recycling
- Put away groceries
- Vacuum and mop individual rooms
- Sweep floors
- Pickup toys and straighten main living areas
- Clean windows
- Wash dishes
- Load and unload dishwasher

Ages 10-12

- All previous chores plus...
- Take out trash
- Help with cooking meals
- Wipe down counters
- Walk and feed pets
- Help watch younger siblings
- Light cleaning of refrigerator
- Pull weeds

Ages 13+

- All previous chores plus...
- Clean tub/shower
- Iron clothes (with minimal supervision)
- Mow the lawn (with minimal supervision)
- Rake the yard
- Change light bulbs
- Clean stove and oven
- Make grocery list
- Help shop for groceries
- Prepare and cook a meal
- Babysit
- Do homework without prompting
- Responsible for library card and books
- Maintain personal items, such as recharging batteries
- Set their own alarm clock
- Change bed sheets
- Keep their rooms tidy and do a biannual deep cleaning
- Take care of personal hygiene, belongings and homework

Ages 16 - 18

- All previous chores plus...
- Can earn and spend money responsibly
- Can purchase clothes (with approval)
- Responsible for maintaining any car they drive
(e.g., gas, oil changes, tire pressure, etc.)
- Do housework as needed
- Do yard work as needed
- Prepare family meals — from grocery list to serving it — as needed
- Deep cleaning of household appliances,
(i.e. defrosting the freezer), as needed